

Harmony Public Schools
Health Services
Diabetic Medical Management Plan

Dear Parents and Guardians,

If your student has a diagnosis of Diabetes, even if not managed during the school hours, it is important to present the school with a Diabetic Medical Management Plan at the start of each school year.

For students managed at home, this plan should indicate what constitutes a high blood glucose level or low blood glucose level for your student, as well as how to monitor or manage blood glucose levels during the following:

- Physical activity
- Emergency situations or disaster plan (such as shelter in place)

Additionally, contact information for their care provider and a current contact for family members is important.

For students being managed at school, this plan must include the following for the student:

Student's name, date of birth, type of diabetes, parent contact information, target blood glucose ranges and when to check blood glucose, student's level of ability to provide self-care (finger stick/carb and insulin calculation/insulin administration), symptoms of hypoglycemia and hyperglycemia, glucagon dosage, blood glucose levels constituting hypoglycemia, blood glucose levels constituting hyperglycemia, urine ketone levels and treatments, insulin therapy delivery method and type, bolus dose or carbohydrate correction dose, insulin to carb ratio, route of insulin administration, forms of acceptable authorization to adjust insulin, meal plan or sliding scale, special event (class party) and snack plan, physical activity and sports monitoring plan, emergency situation or disaster plan, and parent and physician signatures.

All students with a diabetic care plan will be at least *monitored* in the clinic for insulin administration, regardless of the student's level of capability. A wonderful example care plan can be found at Diabetes.org's website (<http://main.diabetes.org/dorg/PDFs/living-with-diabetes/diabetes-medical-management.pdf>).

Students with a diagnosis of diabetes but without an adequate care plan will be monitored according to the District's best practice and parents will be contacted if the student's blood glucose is at or below 70 or above 250. Parent pickup may be expected in these situations for students with a diagnosis of diabetes and without an adequate care plan.

Thank you for your assistance in caring for your student!

If you have any questions or concerns, please contact your campus health staff at:

Phone: _____

Sincerely,

Staff Signature & Credentials: _____