



# JANUARY

**Breakfast**  
 preferredmeals

## HARMONY SCHOOL OF INNOVATION LAREDO

Monday	Tuesday	Wednesday	Thursday	Friday
December 31, 2018	January 1, 2019	January 2, 2019	January 3, 2019	January 4, 2019
	HOLIDAY BREAK	NO SCHOOL	NO SCHOOL	NO SCHOOL
January 7, 2019	January 8, 2019	January 9, 2019	January 10, 2019	January 11, 2019
NO SCHOOL	MULTI GRAIN CHEERIOS^ Maple Breakfast Square ^ Craisins Orange Juice Choice of Milk	COCOA PUFFS ^ Animal Grahams ^ Diced Pears Apple-Cranberry Juice Choice of Milk	STRAWBERRY PANCAKES ^ Pineapple Tidbits Blended Fruit Juice Choice of Milk	PLAIN BAGEL ^ Cream Cheese Applesauce Cup Orange Juice Choice of Milk
January 14, 2019	January 15, 2019	January 16, 2019	January 17, 2019	January 18, 2019
Strawberry/Banana Yogurt Granola ^ Craisins Blended Fruit Juice Choice of Milk	FRENCH TOAST STICKS ^ Diced Pears Apple-Cranberry Juice Syrup Choice of Milk	MOZZARELLA CHEESE STICK Lemon Mini Loaf ^ Fresh Apple Choice of Milk	BEEF SAUSAGE SLIDER ^ Fresh Banana Grape Juice Assorted Jelly Choice of Milk	CINNAMON TOAST CRUNCH ^ Strawberry Pancake Square ^ Fresh Apple Choice of Milk
January 21, 2019	January 22, 2019	January 23, 2019	January 24, 2019	January 25, 2019
NO SCHOOL	Orange Juice Choice of Milk GOLDEN GRAHAM CEREAL ^ Vanilla Waffle Square ^ Craisins	Pumpkin Loaf ^ Mozzarella Cheese Stick Fresh Apple Choice of Milk	CHICKEN BISCUIT ^ Craisins Fresh Orange Ketchup Choice of Milk	Strawberry Yogurt Blueberry Muffin ^ Fresh Apple Choice of Milk
January 28, 2019	January 29, 2019	January 30, 2019	January 31, 2019	February 1, 2019
MOZZARELLA CHEESE STICK Corn Muffin ^ Diced Pears Craisins Choice of Milk	WAFFLES ^ Pineapple Tidbits Orange Juice Syrup Choice of Milk	FRUITY CHEERIOS ^ Animal Grahams ^ Fresh Apple Choice of Milk	EGG & CHEESE BAGEL ^ Fresh Banana Grape Juice Choice of Milk	

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. \*\* MENU SUBJECT TO CHANGE \*\*

^ Denotes item is whole-grain/whole wheat

\*\*\* This institution is an equal opportunity provider.



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